

Beyond Our Walls . . . Beyond Texas, Beyond Status Quo, Beyond Workshops

**Lynda Kirk, MA, LPC, BCIA-C, QEEG-D
and
Jennifer Kirk Schriever, MA, LPC, NCC**

**Integrative Approaches in the Treatment of Children
Using Neurofeedback and Biofeedback**

Just a few of the many topics include: successful tips in working with children; recent advancements with children; protocols for 4-5 of the most common diagnoses; current research on the efficacy of Nf with children; 2 of Lynda's favorite multi-treatment therapies, and integrating Nf with behavioral therapies.



Lynda Kirk is a Phi Beta Kappa graduate of the University of Texas at Austin and is a Licensed Professional Counselor in the state of Texas. As a public health Peace Corps volunteer in West Africa, she became interested in the mind-body connection, which led to her study of biofeedback. Lynda is founder and Clinical Director of the Austin Biofeedback and EEG Neurotherapy Center where she directs a staff of clinicians and sees clients for all applications of biofeedback and neurofeedback.

Lynda is Past-President of the Association of Applied Psychophysiology and Biofeedback (AAPB); Past-President and Fellow of International Society for Neurofeedback and Research (ISNR); and Past-President of the Biofeedback Society of Texas. She is a Senior Fellow in biofeedback of the Biofeedback Certification Institute of America, a Fellow in EEG neurofeedback, and a Diplomate in Quantitative EEG (QEEG).

Lynda is the author of the chapter "Neurofeedback Protocols for Subtypes of Attention Deficit / Hyperactivity Disorder" in the Haworth Medical Press Book Handbook of Neurofeedback (2007) edited by James Evans, Ph.D. She has presented at numerous conferences both nationally and internationally for 20 years.

In 2001, Lynda was heavily involved in helping pass Texas' House Bill 1676, the United States' first state law mandating insurance coverage of biofeedback/EEG neurofeedback for brain injury victims. She is personally and professionally interested in promoting the field of biofeedback and neurofeedback and to that end is a board member of the ISNR Research Foundation, whose goal is the advancement of the field of neurotherapy.



Jennifer Kirk Schriever has been a key member of the Austin Biofeedback and EEG Neurotherapy Center professional team for over sixteen years. She is a pre-medicine graduate of the University of Texas at Austin, with a major in Psychology with a focus in Neuroscience, and a minor in Biology. She continued her education at St. Edward's University, where she earned a Master's Degree in Counseling Psychology. Jennifer is a Licensed Professional Counselor, and a National Certified Counselor.

Jennifer helped develop and co-present an invited two-day workshop on "Integrative Therapy" for the Biofeedback Foundation of Europe's 2006 conference in Vienna, Austria. In 1999, Jennifer developed the Austin Biofeedback Center's *Positive Pregnancies Program*, an integrative peak-performance program for expecting mothers.

Her clinical expertise includes the use of multi-modal biofeedback, neurofeedback therapy, and psychotherapy in the treatment of anxiety, panic, and other mood disorders; migraine and other chronic pain issues; learning and attention disorders; pervasive developmental disorders (PDD) including autistic spectrum and sensory integration issues; and seizure disorders.

Jennifer's special areas of focus include the study and treatment of focal dystonia in performing artists, and peak performance applications of integrative therapies in the performing arts and athletics.

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