
Beyond Our Walls . . . Beyond Texas, Beyond Status Quo, Beyond Workshops

Ken Bateman, PhD
Ethics Workshop

Dr. Ken Bateman will present ethics from a view of burn out prevention.



This seminar will focus on the importance of the therapist taking care of her/him self. The literature indicates that an ethical violation is most likely to occur when the therapist does not have good boundaries and/or when the counselor is suffering from overload and/or burnout.

OBJECTIVES:

- Ways to identify burnout
- How to implement stress reducing techniques
- The art of using meditation and humor to deal with stress
- Documentation that reduces paperwork without compromising ethical concerns